

Michele Hayes offers Supervision as a crucible for reflective practice. A safe and creative space for the stories to unfold

As a passionate supervisor, I support therapists to stop and reflect, to greet the work with a curiosity and live the questions residing beyond the immediate

*"Stories reveal themselves to us.
The public narrative, the private
narrative-they colonize us.
They commission us.
They insist on being told."*

Arundhati Roy 'The God of Small Things'

When we work with clients the room is full of stories; theirs and ours; private and public. As soon as Client comes into relationship with Therapist, there is a confluence of stories that generates alchemy and amplifies complexity. We enter the multidimensional realm of relational process.

Supervision provides essential support to therapists and ultimately their clients when navigating this complex terrain. At its best supervision becomes a crucible; a contained rather than constrained environment where the alchemy of the work is the work and where the turmoil of uncertainty can be transformed into spacious and resourceful unknowns. It can provide fertile relational ground that promotes growth for our professional selves and ultimately our clients.

I provide a safely held supervision space where reflection and creativity is nurtured. Where dialogue and relationship with another professional bears witness to the work in a way that supports the therapist to stay attentive and become curious. To explore, further, the questions that emerge out of the work rather than feeling pushed towards a premature answer.



The Supervision I offer is:

- Face to face
- With individuals and/or small groups
- With therapists who work in a variety of settings
- For those who work with couples and/or individuals

Please contact me for further information

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